



IL CENTRO  
DELL'ESSERE

## IN DISCOVERY OF TRADITIONAL CHINESE MEDICINE

- A series of treatments perfect to rediscover balance, relax, restore energy and strengthen the immune system.
- An expert at your complete disposal: Massimo Vella, founder and director of the Tao School in Ticino.

NEW 2020



# A journey of self-discovery

|  | SPECIAL OFFER                       |
|--|-------------------------------------|
| CONSULTANCY + MEDICAL HISTORY + SPECIFIC TREATMENT<br>(Tuina Massage or Acupuncture) + PERSONALIZED HERBAL TEA 90 min. | -25% <del>Chf 310.-</del> Chf 235.- |

## Special treatments

|   | BENEFITS  | SPECIAL PRICE |
|---|---|---------------|
| Tuina Massage 50 min.   | Deep Relaxation<br>Relief from pain due to injury           | Chf 200.-     |
| Acupuncture 50 min.   | Energy balance<br>Pain relief                               | Chf 200.-     |
| Acupuncture 90 min.   | Muscle relaxation   | Chf 280.-     |
| Individual Qi Gong in the clearing<br>or fitness area 50 min. | Stimulus of physical and mental health<br>Blood oxygenation | Chf 180.-     |



Limited  
places,  
book now  
at the  
reception!